

## Opening Doors Series: Transition Resources for Students with Disabilities Planning for Life after High School

### Opening Doors A Guide to Adult Services

*Opening Doors A Guide to Adult Services* will help students, their families, and educators understand the adult service system as well as services available in the community. Preparing for graduation and thinking about the future beyond high school is a very exciting time in anyone's life. The possibilities are endless. This guide will help students prepare for this new journey to adulthood.

### Opening Doors to Self-Determination Skills (Updated!)

Setting and achieving goals helps students grow. Knowing their strengths and addressing their weaknesses is important as students prepare for life after high school. As students move through school and toward adulthood, they go through a process of considering who they are and who they wish to become. What kind of work would they like to do? What will they need to do to pursue this work? What living arrangements do they envision? What education, training, and services will be available to them along the way? Students can work with counselors, parents, and teachers as they work with this resource.

### Opening Doors to Employment

*Opening Doors to Employment* was created to provide input and direction to students as they set and work toward their employment goals. It offers career exploration strategies, job preparation advice, and job search strategies. It addresses questions such as:

- What kind of work would be best for me?
- How do I know I can do certain kinds of jobs?
- How can I get a job and keep a job?
- If I get a certain kind of job, could I live on my income?

### Opening Doors to Postsecondary Education and Training (Updated!)

This *Opening Doors* booklet leads the reader through a process of planning for life after high school that includes making decisions, planning, and taking actions. Specifically, this publication is a tool for students with disabilities to use as they begin to plan for a successful future. Each student can consider his or her strengths and weaknesses, plan a high school experience that will achieve specific goals, explore possibilities for work and a career, and identify the next steps for life after high school.



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