

Updated!

Wisconsin Standards for Physical Education

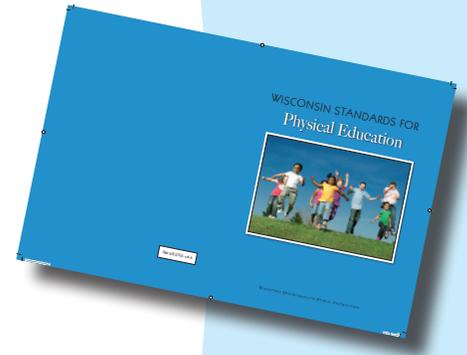
Physical education plays a critical role in educating the whole student, and setting high standards is critical to advance learning in Wisconsin. Research supports the importance of educating both mind and body. A quality physical education program contributes directly to the development of physical competence and fitness to last a lifetime. It also helps students make informed choices and understand the value of leading a physically active lifestyle. Quality physical education benefits both academic learning and physical activity patterns of Wisconsin students.

To support quality physical education, *Wisconsin Standards for Physical Education*, first published in 1997, has been updated and reformatted. It builds upon national standards and includes sections designed to help physical education departments and teachers design high quality physical education curriculum, instruction, and assessment.

The comprehensive standards document includes the following new components:

- Broad statements of essential student skills and knowledge
- A description of the physical education behaviors for each standard in four grade bands: PK-2, 3-5, 6-8, 9-12
- Learning priorities to help school districts develop effective K-12 physical education curricula
- Focus areas to guide teachers regarding the types of physical education instruction that will best help students meet the standards
- PE learning continuum with grade band assessments and rubrics that involve progressions from below grade level to those that are grade level appropriate

Taken together, the components of this standards document can educate parents, school personnel, and other community members regarding what physical education students need to know and be able to do to lead healthy, physical active lifestyles.



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